

INSIDE OUT

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JOY
 EXCITED
 HAPPY
 MOTIVATED
 ENERGETIC



SADNESS
 LONELY
 REMORSE
 GUILTY
 DEPRESSED



DISGUST
 SICK
 ANNOYED
 ENVIOUS
 RESENTMENT



ANGER
 IRRITATED
 GRUMPY
 ENVIOUS
 FRUSTRATED



FEAR
 ANXIOUS
 WORRIED
 STRESSED
 EMBARRASSED